

CNCC : CERTIFICATE IN NUTRITION AND CHILD CARE

Programme Type CERTIFICATE

School School of Continuing Education

Duration 0 Year, 6 Months

Medium ENGLISH HINDI

Specialization NUTRITION AND CHILD CARE

Description This programme provides in-depth theoretical as well practical knowledge related to both nutrition and child development. It provides a basic understanding of food, nutrition and health; principles of meal planning; nutrition related disorders; principles of food budgeting, food selection, food storage and food preservation.

It enables learners to understand the development of children from birth to six years of age, promote their development by organizing appropriate play activities and learning experiences, and be aware of principles of setting up ECCE centres.

This programme will be of interest to functionaries working with children in the birth to 6 age group where their work involves meeting nutritional needs of children as well as their learning and play needs. Such functionaries could be working in diverse settings, such as crèches, preschools, anganwadis and balwadis. The target group could also include parents and others interested in knowing about the development of young children.

Eligibility 10+2 or its equivalent

Course Details

Course Code	Title of the Course	Credits
CNCC 1	Nutrition for the Community	8
CNCC 2	Organising Child Care Services	8
Total Credits		16