

CFNOL : Certificate(Food and Nutrition)

Programme Type CERTIFICATE

School School of Continuing Education

Duration 0 Year, 6 Months

Medium ENGLISH HINDI

Specialization Food and Nutrition

Description The Certificate in Foods and Nutrition is basically a Post-Literacy level awareness programme meant for people with basic reading and writing skills. The Programme aims to acquaint the learner with the role of food in ensuring healthy living for the individual, family and community. It includes features like food selection and preparation, nutrition from infancy to old age, economics of food, kitchen gardening, food adulteration, consumer rights, safety and education, etc. The programme lays primary emphasis on Nutrition with relevance to present day scenario, cost effectiveness, environment friendly approaches that reach to almost the entire nation, hence making the learners responsible and aware citizens of tomorrow.

Eligibility No formal qualification, Minimum age of 18 years as on the last date for receipt of Admission form

Course Details

Course Code	Title of the Course	Credits
CFN 1	You and Your Food	6
CFN 2	Your Food and its Utilisation	6
CFN 3	Economics of Food	4
Total Credits		16